



8th Annual Green Lake Run

5K RUN • 5K WALK • 1 MILE FUN RUN
Saturday, August 6, 2016

Welcome back to Green Lake!

The donors & volunteers are proud to provide this
 5K event which is hosted by the
 a-Round Green Lake Association.

PREMIER MOTORSPORTS: 5K Run/Walk

JustInTymeSports & MARIA'S ITALIAN RESTAURANT: Fun Run

PROCEEDS –All proceeds go to local charities. Charity recipients to be announced on Aug. 6th

2016 INFO & ENTRY FORM | Chip Timing
snapregistration.com/aroundgreenlake

Saturday, August 6, 2016 | **INFO & ENTRY FORM**
snapregistration.com/aroundgreenlake

TYPE OF RACE	REGISTRATION	RACE	PRE-REGISTRATION by August 2, 2016	LATE REGISTRATION
5K Run (3.1 Miles)	7:00 AM	8:30 AM	\$20.00*	\$25.00
5K Walk (3.1 Miles) (Noncompetitive)	7:00 AM	8:30 AM	\$20.00*	\$25.00
One Mile Fun Run (Kids 12 and under)	7:00 AM	8:00 AM	\$10.00	\$10.00

* **SPECIAL RATE FOR FAMILY REGISTRATION**– Families of 3 or more registering together will receive a discounted rate of \$15.00 per family member. (Pre-registration only)

TECHNICAL T-SHIRT –The shirt is guaranteed to all adult participants who pre-register. Late registrants based on remaining supply. (All pre-registered children will receive a cotton race T-shirt)

REFRESHMENTS –Provided to all participants.

TIMING –Computerized chip timing for 5K Run provided by Epic Race Timing. Results will be posted immediately following the race.

AWARDS –5K Run awards are 3 deep for each Age Division & Male/Female Class. Plus overall Male/Female–Masters Div. **AGE DIV:** 0–11, ...12–15, ...16–19, ...20–24, ...25–29, ...30–34, ...35–39, ...40–49, ...50–59, ...60+

STROLLERS –Are welcome. **No** dogs, bikes, skate boards, roller blades or scooters are allowed on the course.

COURSE INFO –The 5K Run/Walk and Fun Run, begins and finishes at the Fire Station Kalamazoo Ave.

PROCEEDS –Local charity recipients to be announced on Aug. 6th.

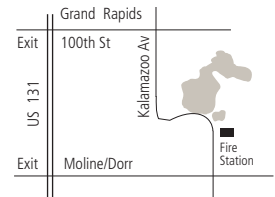
PACKET PICK-UP –August, 5th (Fri) 6–8pm and August, 6th (Sat) 7am at the Fire Station.

ENTRY FORM – Heidi Wierenga 541 South Shore Dr., Caledonia, MI 49316
 (checks payable to: Green Lake 5K Race)

ONLINE FORM – greenlake.us –click on "Events" or
snapregistration.com/aroundgreenlake

#GL5K

PARKING –Green Lake Calvary Church, 608-145th Ave, Caledonia, MI 49316



2016 ENTRY FORM

NAME _____

ADDRESS _____

CITY _____ STATE _____ PH _____

AGE AS OF AUG 1, 2016 _____ E MAIL _____

RACE: _____ 5K RUN _____ 5K WALK _____ ONE MILE FUN RUN

T SHIRT SIZE Circle: **KIDS FUN RUN:** S - M - LG - Adult LG **ADULT:** S - M - LG - XL - XXL+1.50

EMERGENCY CONTACT NAME _____ EMERGENCY CONTACT PH _____

WAIVER: In consideration of the foregoing, I, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I have against the a-Round Green Lake Association, and any and all sponsors and their representatives and successors, as a result of my participation in the 2016 Green Lake Run. I attest and verify that I am physically fit and have sufficiently trained for the completion of the event and my medical condition has been verified by a licensed medical doctor. Any picture and times can be used for reporting and promoting.

 SIGNATURE/DATE

 PARENT SIGNATURE (if under 18)

 Date